



Saturday, September 14th 7:30am

Lagoon Valley Regional Park

Vacaville CA

30K, Half Marathon, 10K, 5K, 1/2 Mile

Runs timed on certified trail courses

- Benefits High School Cross Country Programs
- Chip timing
- Race expo and refreshments

SELECT RACE: 30K Half Marathon 10K 5K 1/2 Family Run

SHIRT* X-Small Small Medium Large X-Large Youth Large
 MUST REGISTER BY AUGUST 28TH TO RECEIVE A SHIRT

PARTICIPANT INFORMATION: *Please print clearly. One person per form.*

First Name: _____ Last Name: _____

Gender: M F Age on Race Day: _____ Address: _____

City: _____ State: _____ Zip: _____

Phone: (____) _____ E-Mail: _____

READ AND SIGN THE WAIVER: We cannot accept entries with unsigned waiver

I hereby affirm that I, or my child under the age of 18, am in good condition to participate in the Lagoon Valley Trail Run and in consideration of acceptance of this entry I agree to (1) assume all risk of death or injury to myself and all risk of damage or loss of property arising out of my participation in this event, and (2) release and forever discharge the City of Vacaville, VacaMedia, VacaMedia personnel, Race director/coordinators, volunteers, sponsor, and event related personnel from responsibility, legal or otherwise, for any injury, death, or damage I, my child under the age of 18, or my pet may suffer as a result of our participation in the Lagoon Valley Trail Run. Event officials have my authorization to authorize emergency medical treatment if necessary. I hereby permit the use of my (my child/pet) name and photograph in broadcasts, telecasts, newspapers, media, etc. If participant is under the age of 18, this certifies that my child has permission to participate in the Lagoon Valley Trail Run.

SIGNATURE: _____ DATE: _____
 Parent or guardian must sign if participant is under 18 years of age

FEES* 30K \$55 by 6/2, \$65 by 9/2, \$75 after Half Marathon \$45 by 6/2, \$55 by 9/2, \$65 after
 10K \$35 by 6/2, \$40 by 9/2, \$45 after 5K \$25 by 6/2, \$30 by 9/2, \$40 after Family 1/2
 Mile Run \$15 *small convenience fee with on-line registration

Make Checks Payable to: **VacaMedia**
 Mail or drop off registration and Packet Pick-Up at **Fleet Feet Sports 354 Merchant St. Vacaville 95688**
 On-Line Registration and Information available at www.lagoonvalleytrailrun.com