

## Lagoon Valley Trail and Road Run 2010

Race DateAge Group Results

September 25, 2010

## 10K

## Female 13-19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Sonny Ruggiero	Vacaville CA	18	185	56	1:06:56.5	10:48/M

## Female 20-29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Madeline Walzem	Davis CA	20	165	13	52:29.0	8:28/M
2	Mary Slininger		22	188	26	56:07.0	9:03/M
3	Emma Suddick	Davis CA	29	148	28	57:04.0	9:12/M
4	Gina Garland	Davis CA	25	26	29	57:05.3	9:12/M
5	Elizabeth Verhoeven	Davis CA	25	161	38	1:01:14.0	9:53/M
6	Sandra Silva	Vacaville CA	26	135	48	1:04:26.0	10:24/M
7	Cristina Baldia	Pleasant Hill CA	26	5	51	1:05:22.0	10:33/M
8	Katrina Pinkerton-Lloyd	Vacaville CA	25	101	57	1:06:56.9	10:48/M
9	Kristin Hood	Vacaville CA	20	51	63	1:11:59.0	11:37/M
10	Emily Catanach	Vacaville CA	27	231	76	1:15:22.0	12:09/M
11	Maggie Link	Suisun City CA	26	489	91	1:20:04.0	12:55/M
12	Kaitlin Kent	Davis CA	20	181	104	1:28:21.0	14:15/M

## Female 30-39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Christy Bailes	Fairfield CA	38	3	25	56:05.0	9:03/M
2	Elizabeth Coleman	Vacaville CA	33	234	27	56:44.0	9:09/M
3	Jennifer Cortellesa	Vacaville CA	37	12	39	1:01:49.0	9:58/M
4	Barbara Abeling	Vacaville CA	37	201	54	1:05:38.0	10:35/M
5	Jennifer Carollo	Vacaville CA	37	10	58	1:08:16.0	11:01/M
6	Gina Gepford	Vacaville CA	31	30	61	1:09:52.0	11:16/M
7	Shana Weber	University Place WA	34	311	68	1:13:20.0	11:50/M
8	Sabrina Alva	Fairfield CA	31	2	72	1:14:10.0	11:58/M
9	Arlene Gomez-Catapang	Fairfield CA	35	275	73	1:14:59.0	12:06/M
10	Sandra Braun	Suisun City CA	39	222	78	1:16:12.0	12:17/M
11	Priscilla Moore	Dixon CA	36	91	83	1:17:13.0	12:27/M
12	Kimi Bunetta	Vacaville CA	31	8	87	1:18:27.0	12:39/M
13	Melissa Lucchese	Concord CA	32	386	89	1:18:39.0	12:41/M
14	Mia Sarah Douglas	Suisun City CA	31	14	90	1:19:12.0	12:46/M
15	Sarah Standiford	Woodland CA	30	303	93	1:20:26.0	12:58/M
16	Emily Velicaria	American Canyon CA	36	308	97	1:21:22.2	13:07/M
17	Julie Derr		30	190	101	1:22:52.0	13:22/M
18	Tanya Blackburn	Fairfield CA	35	217	108	1:32:59.0	15:00/M

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## Female 40-49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Cheryl Mitchell	Vacaville CA	40	292	19	54:24.0	8:46/M
2	Elizabeth Richards	Vacaville CA	42	296	43	1:02:42.9	10:07/M
3	Shannon Bechtel	Vacaville CA	40	214	60	1:09:26.0	11:12/M
4	Claudia Quintana	Vallejo CA	40	109	64	1:12:02.0	11:37/M
5	Kelly Kagoshima	Fairfield CA	41	59	74	1:15:03.0	12:06/M
6	Mensse Montorello	Fairfield CA	41	294	77	1:15:28.0	12:10/M
7	Mahealani Amerino	American Canyon CA	47	205	79	1:16:21.0	12:19/M
8	Rhonda Martin	Vacaville CA	44	286	80	1:16:24.0	12:19/M
9	Chanda Mansfield	Vacaville CA	40	84	85	1:17:56.0	12:34/M
10	Vicki Dawson	Vacaville CA	42	252	88	1:18:32.0	12:40/M
11	Nielson Masako	Vacaville CA	47	287	96	1:21:07.0	13:05/M
12	Samantha McCarthy	Fairfield CA	42	186	99	1:21:43.0	13:11/M
13	Susie Helton	Vacaville CA	48	42	102	1:23:58.0	13:33/M
14	Rebecca Costilla		41	396	103	1:27:41.0	14:09/M
15	Coreen Levin	Fairfield CA	43	77	106	1:30:36.0	14:37/M
16	Debbie Shorz		45	500	109	2:07:52.4	20:37/M

## Female 50-59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Nola Kinaston	Fairfield CA	53	184	17	54:19.0	8:46/M
2	Teri Abrahamzon	Vacaville CA	54	1	37	1:01:01.0	9:50/M
3	Dana Farkas	Lafayette CA	51	266	45	1:02:46.0	10:07/M
4	Kate Morejohn	Davis CA	57	92	53	1:05:30.0	10:34/M
5	Teri Skinner	Walnut Creek CA	57	136	70	1:13:39.0	11:53/M
6	Edita Alvarez	Suisun City CA	50	204	71	1:13:57.0	11:56/M
7	Amanda Fuller	Vacaville CA	56	24	84	1:17:47.0	12:33/M
8	Camille Goodwin-Boyd	Vacaville CA	57	277	94	1:21:04.2	13:05/M
9	Kim Krueger	Fairfield CA	52	281	100	1:22:01.0	13:14/M
10	Carol Murphy	Davis CA	50	97	105	1:28:30.0	14:16/M
11	Pam Word	Fairfield CA	56	314	107	1:30:53.0	14:40/M
12	Paula Haas	Woodland CA	53	400	110	2:11:03.0	21:08/M

## Female 60-69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Diane Melanson	Fairfield CA	69	288	95	1:21:04.8	13:05/M

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Race Date

## Age Group Results

### 10K

#### Male 0-12

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Weston Snyder	Vacaville CA	12	339	4	46:17.0	7:28/M

#### Male 13-19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Zachary Morris	Vacaville CA	17	94	6	47:41.0	7:41/M
2	Jacob Stewart	Vacaville CA	17	144	22	54:55.0	8:51/M

#### Male 20-29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Tom Rapisarda	Vacaville CA	27	112	5	47:08.7	7:36/M
2	Sang Un Choi	Fairfield CA	28	11	15	53:34.0	8:38/M
3	John Carson	Fairfield CA	23	228	18	54:22.0	8:46/M
4	Dijon Walker		27	191	32	58:59.0	9:31/M
5	Steven Mallari		25	192	34	59:28.0	9:35/M
6	Daniel Khan-Ramirez	Hayward CA	26	183	47	1:04:17.0	10:22/M
7	Matthew Yttrup	South Pasadena CA	26	177	52	1:05:22.4	10:33/M
8	Derrick Fok	Dixon CA	29	21	82	1:17:12.0	12:27/M

#### Male 30-39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Khafiz Gondry	Travis Afb CA	30	276	1	44:15.0	7:08/M
2	Greg Adams		32	187	2	44:21.0	7:09/M
3	Peter Talusik	Fairfield CA	35	345	3	44:51.0	7:14/M
4	Joven Sembrana	Fairfield CA	35	300	8	49:49.2	8:02/M
5	Jeremy Klappauf	Travis Afb CA	32	64	11	50:59.0	8:13/M
6	Jesse Ferrari	Fairfield CA	31	17	16	53:45.0	8:40/M
7	Anthony Flores	Fairfield CA	31	20	20	54:38.0	8:49/M
8	Bill Steh	Vacaville CA	38	142	21	54:45.0	8:50/M
9	Dan Swartz	Vallejo CA	38	306	24	56:02.0	9:02/M
10	Tad Samolis	Napa CA	35	298	36	1:00:57.0	9:50/M
11	Gary Tam	Vacaville CA	38	150	40	1:01:54.0	9:59/M
12	Brian Evans	Fairfield CA	35	16	46	1:03:41.0	10:16/M
13	Raymond Balance	Vacaville CA	33	4	50	1:05:13.0	10:31/M
14	Robert Darconte	Fairfield CA	31	13	66	1:12:28.0	11:41/M

## Lagoon Valley Trail and Road Run 2010

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**10K****Male 40-49**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jose Urzua	Fairfield CA	40	309	7	48:36.0	7:50/M
2	Matt Ferguson	Vacaville CA	45	268	9	49:49.7	8:02/M
3	John Montorello	Faifield CA	47	293	14	52:31.0	8:28/M
4	Joe Hernandez	Vacaville CA	48	388	23	55:57.0	9:01/M
5	Peter Porter	Walnutport PA	44	182	30	57:05.6	9:12/M
6	Ernest Shimizu	Dixon CA	46	301	33	59:16.0	9:34/M
7	Richard Becker	Vacaville CA	49	215	35	59:56.0	9:40/M
8	Grant Tokiwa		49	189	41	1:01:56.0	9:59/M
9	Lewis Martin	Vacaville CA	48	285	42	1:02:42.6	10:07/M
10	Steve Dawson	Vacaville CA	43	251	44	1:02:46.0	10:07/M
11	Donald Miller	Vacaville CA	48	291	49	1:04:29.0	10:24/M
12	Mark Helton	Vacaville CA	49	41	65	1:12:25.0	11:41/M
13	Brett Liddicoet	Vacaville CA	47	78	67	1:13:16.0	11:49/M
14	Keith Thaxton	Sacramento CA	40	151	81	1:16:51.0	12:24/M
15	Joseph Velicaria	American Canyon CA	40	160	98	1:21:22.6	13:07/M

**Male 50-59**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Tom Turpen	Vacaville CA	52	156	10	50:44.0	8:11/M
2	Mike Caldwell	Vacaville CA	51	227	12	51:20.9	8:17/M
3	Peter Friederich	Davis CA	57	22	31	57:21.3	9:15/M
4	Tim Barrowcliff	Vacaville CA	50	6	55	1:05:39.0	10:35/M
5	Ken Moon	Vacaville CA	55	295	62	1:10:23.0	11:21/M
6	Jesse Santos	Vacaville CA	51	131	75	1:15:21.0	12:09/M

**Male 60-69**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jeff Pohl	Livermore CA	63	103	69	1:13:38.0	11:53/M
2	Bruce Hartman	Pinole CA	69	279	86	1:18:07.0	12:36/M

**Male 70 and over**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Russ Melanson	Fairfield CA	75	289	59	1:09:01.0	11:08/M
2	Ed Lindley	Dixon CA	71	417	92	1:20:22.0	12:58/M